

Savile Town I & N School- PE Vocabulary Progression Map

	Nursery	Reception	Year 1	Year 2
Games	Slither, shuffle, crawl, walk, roll, run, jump, skip, slide, hop, travel Push, pat, throw, catch, kick	Run, jump, jog, dance, hop, skip, climb, sidestep Push, pat, throw, catch, kick, roll	Gallop, sidestep, hopscotch Striking, catching, team, speed, direction, passing, controlling, shooting, scoring, underarm, overarm	Avoiding, underarm, overarm, bounce, catch, opposition, team, aim, speed, direction
Dance	Moving, dancing, freeze	Floor shape, standing shape, freeze, dance, copy	Direction, travel, levels, speed Create, repeat	Beginning, middle, end, routine, rhythm, movement, pattern, sequence, level, speed, direction
Gymnastics	Under, over, through	Apparatus, stretched, curled, tuck, body parts, tall, small, copy, balance	Forwards, backwards, sideways, shape, jump, travel, stretch, wide, narrow Curled, tense, stretched, relaxed Balance, agility, co-ordination Tuck, star, straddle, pike Log roll, pencil roll, teddy bear roll, forward roll, backward roll	Speed, slow, fast, wide, narrow, high, low, stretch, balance, sequence, twisted, curled, zig zag, linking Tuck, star, straight, dish, arch, pike, straddle